Reframe Your Thinking to Maximize Your Potential

Course Description:

Are you reaching your full potential? Most people are not, but that is not because they don't have the ability. It's because of the way they think. If you want to Maximize Your Potential, it's time to Reframe Your Thinking!

Course Objectives:

After completing this, you will understand what limits your ability to express all that you are capable of. Once you have this understanding, you CAN reframe how you think and begin to break through the barriers that are holding you back from being your "Best Self"

- **What are my beliefs?**
- **The Importance of a Personal Vision, Purpose and Goal**
- **Understand "The Knowing Doing Gap"**
- **Harness the power of your Mind**
- **Develop your Intellectual Faculties**
- **Increase your Self-Image**
- **Break through your "Terror Barriers"**
- **Praxis- The integration of belief and behavior**
- **Why your Attitude is so important**
- **The Impression of Increase**

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Who should attend?:

This program is for EVERYONE! If you want to express your full potential professionally and personally, you MUST attend this class!

Why should you take this workshop?:

This is a deep-dive training of strategies and tactics to gain awareness and control of your thoughts to attract a prosperous, abundant, and happy life—to close the gap between where you are currently and where you want to be

- **Did you know that your beliefs are driving your behaviors?**
- **Did you know that there is a HUGE difference between "setting goals" and actually "achieving goals"?**
- **Are there things you KNOW you should do, but find yourself not DOING them?**
- **The power of your mind was not taught in school, this is why most people are living like everyone else.**
- **Your inner-image determines your outer performance**
- **Fear is the killer of success. It's time to break through your fears**
- **Do you find yourself NOT having what you believe is possible?**
- **Your Attitude determines your Altitude**
- **How do others feel around you?**