



The Ego Fights Back

Description:

Experience an engaging class which will help you close the gap between where you currently are and where you want to be in the future. Do you find yourself battling with inner dialogue about your goals or vision? The ego HATES change! To grow, obviously requires change. Here is how to recognize some of "its" tricks and help with how to deal with "it" as "it" tries to keep you as you presently are.

Objectives:

After completing this class, you will have a clear understanding of the “Ego” and how to use it to serve you rather than dis-serve you. When we try to close the gap between who we are and who we want to be, the “Ego” tries to hold us back. If you want to be more successful, productive, effective and have better relationships, you have to control the “Ego”.

- Understand the “Ego”
- How was the “Ego” developed?
- Learn how to win the “Fight”
- Overcome your fears
- Change your inner story
- Understand how “Ego” and “Behavior” are related
- Learn how the “Ego” keeps you from achieving your goals
- Stop judging yourself and start winning



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Who should attend?:

This program is for EVERYONE! Everyone has an “Ego”. When we look at our goals, if they are lofty enough, we often begin to judge whether it is possible for us. If this is you, then you MUST attend this class!

Why should you take this class?:

The concepts taught in this class are what all successful people use in order to live life on their terms. Most people are just letting life happen to them. This class will shift your thinking so you make life happen FOR you!

- Close the Gap between where you are and where you want to be!
- Did you know that unless you understand and control your “Ego”, nothing will change?
- Are there things that you have always dreamed of doing, but find yourself NOT doing them? The “Ego” is the cause.
- Have you ever wondered “why can’t I achieve my goals?”
- Is your inner story serving you or dis-serving you?
- Is fear holding you back from living an extraordinary life?