Personality Styles & Generations

We all communicate through words, body language, tonality and intuition. All of this is dictated by our genetic and environmental conditioning. Since we all have been exposed to various environments, we all behave differently. When looking at human behavior, there are some consistencies among various groups that we call Personality Styles and Generational Styles. By understanding the various styles, you will be able to work better with others, get along better and make adjustments yourself to improve your relationships

Course Objectives:

The best relationships are based on understanding. Although personality styles and generational styles may cause frustration, understanding reduces and eliminates much of that frustration. Once you learn why people behave the way they do, you will also recognize that if someone frustrates you, there is a good chance that your frustrate them as well. This is due to opposite personalities an or generations

- Identify your own style and generational characteristics
- Understand how to communicate effectively with the various styles
- Learn how to influence each style
- Understand the various motivators each style and generation has
- Learn what frustrates each style and how to minimize this in your interactions

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Staff and leadership should attend this class, as we all need to have a better understanding of each of the personality styles and generations if we want to be effective and successful.

Why should you take this workshop?:

Getting along with others
- Misconceptions you must be aware of
- How each style likes to receive feedback and criticism
- Help people understand you

Working effectively with each style and generation
- Understand working styles
- Understand learning styles
- Learn way to help each style be more productive

Communicating with each style & generation
- In person communication tips for each style
- Email communication with each style
- Learn how age really doesn't have much to do with generations